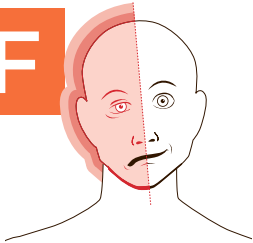


B**Balance**

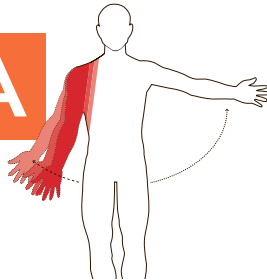
Sudden loss of balance,
headache or dizziness.

E**Eye**

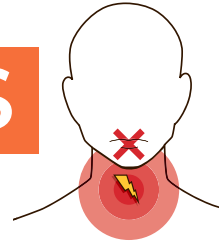
Blurred or loss of vision
in one or both eyes.

F**Face**

The smile is not
equal or one side
of the face droops.

A**Arms**

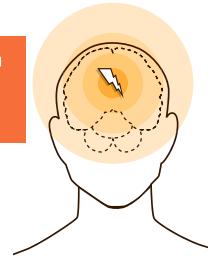
The person cannot
raise both arms
equally.

S**Speech**

There may be sudden slurring
of speech or inability to talk.

Swallow

There may be difficulty swallowing
like choking or coughing.

T**Time**

Time lost is brain lost.
Think “brain attack”
like heart attack.

Recognition of Stroke Symptoms:
Compare right and left sides of the body.

Think **FAST** – Act **FAST**

Think FAST – Act FAST

B **Balance** - Sudden loss of balance, headache or dizziness.

E **Eye** - Blurred or loss of vision in one or both eyes.

F **Face** - The smile is not equal or one side of the face droops.

A **Arms** - The person cannot raise both arms equally.

S **Speech** - There may be sudden slurring of speech or inability to talk.

Swallow - There may be difficulty swallowing like choking or coughing.

T **Time** - Time lost is brain lost. Think “brain attack” like heart attack.

Other symptoms that signal a stroke:

Sudden, severe headache • confusion • numbness or weakness on one side of face, arms or legs • loss of consciousness



Shepherd Center

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IF YOU OBSERVE THESE SIGNS, CALL 911 IMMEDIATELY!



Important: Note the time when symptoms first occurred. Options such as clot busting drugs and catheter-based mechanical clot removal are time dependent. Though decisions about what therapies can be provided are complicated, if treatment is delayed more than three hours an individual with a stroke may not be able to benefit from certain advanced therapies that can reduce damage to the brain and subsequent long-term disability.

Stroke Statistics

Stroke is a **leading cause of death** in the United states and is a major cause of serious disability for adults.

Someone in the United States has a stroke every **40 seconds**.

Every **4 minutes** someone dies of a stroke.

Every year more than **795,000 people** in the United States have a stroke. About **610,000** of these are first or new strokes.

shepherd.org/stroke